

THE WINSTON WANDERERS NEWSLETTER

An Affiliate of the Tarheel State Walkers Volkssports Association, the American Volkssports Association, and the Internationaler VolkssportVerband

Vol 31, No 10.....October 2016.....Editor: Marsha Sucharski

Join Us for Our Next Meeting

Our next meeting will be on **Tuesday, October 18th at Cimarron**. The restaurant is located at 3260 S Stratford Rd in Clemmons. Dinner, which is optional, will be at 6pm. The meeting will start at 7pm and end around 8pm.

Directions: From I-40 eastbound, take exit 184. Turn right on Lewisville-Clemmons Rd to Clemmons Rd/US-158E. Turn left onto US-158 E/Clemmons Rd for 1.1 miles and restaurant will be on your left. From I-40 westbound, take Exit 189 and turn right on S Stratford Rd for 4.7 miles and restaurant will be on the right.

Walking with the Prez



Hi All,

Our next meeting will be on Tuesday, October 18th at Cimarron Steak House at 3260 S Stratford Rd, in Clemmons. Our last meeting was at The Claddagh Restaurant & Pub in High Point, with 8 present. Frequent walker tickets were won by Brenda Saintsing, Ralph Barnes and Dick Feldmann. We had no group walks since the last newsletter.

On our upcoming walk schedule, we have one group walk scheduled for the near future. The walk will be at Salem Lake starting at the lower parking lot by the lake at 2 pm on November 6th.

The seasonal event schedule has a walk on the northeastern side of the state. It will be in Tarboro (Edgecombe County) July 1st – December 31st. Our October 8th event was held in Taylorsville (Alexander County) with 20 walkers that includes 4 free one. For those of you who didn't want to walk in the rain, you missed out. The rain didn't start until 10 minutes after the walk had finished and the start area was cleaned up. There was a bit of a breeze that came through the start point and would have made a kite flyer's dream. The last regular event of the year will be held on October 29-30 by the Asheville Amblers. It will be held in Polk County, in the FENCE area with lunch available on Saturday only at family prices. I will have brochures at the meeting if anyone desires one.

The clubs have worked out a walking schedule for 2017 and it will be in the next newsletter. The schedule was the main topic of the Tarheel State Walkers Association meeting following the Lincolnton regular event. There is also a need for someone to become a candidate for the office of Presidency in the state association, or possibly loose it.

With the changing weather coming, be sure to drink water before, during and after your walk.

See you on the trails or in the restaurants,
Lloyd

Salem Lake News...A new Marina building is being constructed, that will feature additional bathrooms, kitchen, meeting room (maybe a future meeting location) and porch. The main parking lot is being expanded and updated to allow a better traffic flow. The shelter and playground are being moved to the point where additional bathrooms will be built and the parking lot expanded. The Linville Rd parking lot is getting a major face lift with a bathroom being constructed for trail users (about time!). Completion is scheduled for the summer of 2017.

Group Walks for October & November

Salisbury – Dan Nicholas Park, 10/22: The group walk will start at 10am at the Park Office / Concession Building, 6800 Bringle Ferry Rd, Salisbury. (Rowan Roamers)

Directions: From I-85, take Exit 76 (Albemarle, US-52 South). Go south on US-52 for 0.04 of a mile on Newsome Rd and TURN RIGHT on Bringle Ferry Rd. Drive 5.6 miles to PARK ENTRANCE ON LEFT. TAKE SECOND RIGHT in park to the parking lot and walk to the Park Office / Concession Building.

Concord, 11/5: The walk will start at the shelter in Les Meyers Park at 10am. The box will be brought to the start point so you do not need to stop at the motel to register. (Rowan Roamers)

Directions: From I-85 South take the Dale Earnhardt Blvd (Exit 60), toward Copperfield Blvd. TURN LEFT onto Dale Earnhardt Blvd. Stay straight to go onto Copperfield Blvd NE to Branchview Dr (1.6 miles). TURN LEFT onto Branchview Dr NE/NC-3 and follow Branchview Dr NE (4.0 mi). TURN RIGHT onto Lawndale Ave SE (0.3mi), PARK IS ON LEFT.

From I-85 North take Exit 60, toward Copperfield Blvd. TURN RIGHT onto Copperfield Blvd NE (1.6 miles). TURN LEFT onto Branchview Dr NE/NC-3. Follow Branchview Dr NE (4.0mi). TURN RIGHT onto Lawndale Ave SE (0.3 mi), PARK IS ON LEFT.

Winston-Salem – Salem Lake, 11/6: The group walk will start at 2pm at the lower parking lot, so enter the park and go straight. The registration material will be brought to the start point so you do not need to stop at the YWCA to register. (Winston Wanderers)

Directions: From Bus-40, take Exit 6C (ML King Jr. Dr / Winston-Salem State University). TURN LEFT at the light (South). At the 5th light (Reynolds Park Rd), TURN LEFT. Drive 1.7 miles and TURN LEFT onto Salem Lake Rd. Salem Lake and the parking lot where we'll meet are straight ahead.

Kernersville - Triad Park, Friday 11/25: This annual group walk, better known as the TURKEY TROT, will start at 1pm at Triad Park located at 9652 W Market St in Kernersville. Enter the park and drive a short distance to Shelter #1 parking lot. The registration material will be brought to the park, so there is no need to go to the 421 Market & Grill. (Winston Wanderers)

Directions: From I-40, take Exit 208 (Sandy Ridge Rd). Turn RIGHT IF COMING FROM EAST and LEFT IF COMING FROM WEST. Follow Sandy Ridge Rd for 0.6 of a mile. At "T" intersection (W Market St), TURN LEFT and follow for 2.2 miles. Entrance to PARK ON RIGHT.



The Last Regular Event of 2016

Join the **Asheville Amblers** on **October 29th-30th** for their Regular Event and walk the **Foothills Equestrian Nature Center "FENCE" in Tryon, NC**. For more information about the area visit: www.fence.org and www.nc-mountains.org. If you are walking the TARHEEL 100, this is a chance to walk in **Polk County**.

The **start point is the Pavilion at FENCE located at 3381 Hunting Country Rd, Tryon, NC**. There is a 10K and 5K option both rated 2C. Relish fall colors as you walk along forest trails. Walk starts at 1940's courtly home of Jack Kimberly of Kimberly-Clark Paper Company, and then passes old log cabin school nestled behind flower and herb gardens. At the pond, the marsh boardwalk will give fascinating views of native birds and plants, maybe even a beaver. The 10K adds the NC/SC border crossing and stroll on Tryon Block House Steeplechase Track. Special programs include Boardwalks, Border Crossing, and Trekking with Trees. Credit walkers are \$3.00, everyone else is free. Donations are welcomed. On Saturday, enjoy the Amblers' world famous bratwurst platters with genuine German potato salad and sauerkraut at family prices. Hot dog platters and drinks will also be available. While in the area, walk their seasonal walk at Cowpens National Battlefield Park, scene of a major Revolutionary War victory and nearby YREs at Hendersonville, NC and Greenville and Spartanburg, SC. Also visit colorful Landrum, SC with its fine antique and other shops.

Directions to start point at the Pavilion at FENCE: From I-26, take SC Exit 1 toward Landrum, SC. From west, turn right off ramp and from east, turn left. Go approximately ½ mile (just past Ingles) and turn right onto High Farm Rd. Go 0.6 mile on High Farms to stop sign at "T". At "T" turn right on Prince and go ½ mile to Hunting Country Rd. Turn left on Hunting Country and drive 0.6 mile passing under Interstate to FENCE Center sign. Turn right and go 0.4 mile to signs for Start/Finish and parking.

Any questions call Judy Michele at (828) 628-4343, jumianc@aol.com.

 Achievements			Club Officers
Walker	Events	Kilometers	
Joel Bonewitz	400		President: Lloyd Tolbert 904 Luck St, Martinsville, VA 24112 (276) 403-0608, Treb03@gmail.com
Robert Cooper	100		
Christina Gately		4,500	Vice-President: Loren Little 4705 Oakbury Ct, Winston-Salem, NC 27107 (336) 788-8582, lorenlittle@bellsouth.net
Pat Graeber	750	8,000	
Tak Hui	125	1,000	Secretary: Sarah Rubio (336) 724-2590, The Rubios@triad.rr.com
William Lowell		19,000	
Dennis Michele	2,100		Treasurer: Margaret Little 4705 Oakbury Ct, Winston-Salem, NC 27107 (336) 788-8582, margaretrlittle@bellsouth.net
Karen Plott	1,900		
Perry Rawson	1,600		Newsletter Editor: Marsha Sucharski 6011 Greenhaven Dr, Winston-Salem, NC 27103 (336) 766-6678, marshannotmartha@gmail.com
Frank Sargent		16,000	
Lucy Yother	3,600		



HAPPY HALLOWEEN!

2016 SCHEDULED EVENTS

Contact the host club for details on these events.

AA – Asheville Amblers MW – Metrolina Walkers RR – Rowan Roamers
TT – Triangle Trailblazers WW – Winston Wanders
Regular Events are in **BOLD**, all others are group walks

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| October | 15 | AA – Waynesville – 10am |
| | 22 | RR – Salisbury – Dan Nicholas Park – 10am |
| | 29-30 | AA – RE with patch – FENCE, Tryon, NC area – Polk County |
| November | 5 | RR – Concord – 10am
TT – Cary -Bond Park – 10am / Cary - Prestonwood – 1pm |
| | 6 (Sun) | WW – Winston-Salem – Salem Lake – 2 pm |
| | 12 | MW – Davidson – 10am |
| | 19 | AA – Weekend Adventure – TBD |
| | 25 (Fri) | WW – Kernersville – Triad Park - Turkey Trot – 1pm |
| December | 3 | AA – Lake Junaluska & Christmas Luncheon – 10am |
| | 4 (Sun) | WW – Greensboro Park Greenway – 2 pm |
| | 10 | TT – Raleigh – Oakwood – 10am / Raleigh – Wolfpack – 2pm |
| | 17 | RR – Kannapolis – 10am |
| | 31 | MW – Charlotte – 10am |